

Challenge oils divided by properties

	skin feel	for oily skin	Mature skin	Absorption	Protection	Nourishing	scent
Rich							
Abyssinian seed oil	rich full		x	xx	long chains		little to no scent
Argan oil	rich		x	xx	balanced	x	can be strong
Avocado oil	rich		x	x	mono	x	no scent usually
Coffee (green) seed oil	rich	x		x	palmitic		slightly of coffee
Macadamia nut oil	rich		x	x	mono	x	can be vary nutty
Oat seed oil	rich		x	xx	x	antioxidant	light fatty grain
Plum kernel oil	rich			x	monounsatur	x	marzipan
Wheat germ	rich full		x	x	x	omega-3	fatty grain
Light							
Amaranth	light		x	xx		x	grassy
Camelina oil	light	x		xx		omega-3	light nutty, seedy
Cucumber seed oil	light	x		xx		omega-6	cucumbers
Fenugreek oil	light			xx		omega-6	nutty
Hibiscus seed oil	light	x		xx		omega-6	old Hawaii :)
Kukui nut oil	light	x		xx		omega-6+3	none
Passion fruit seed oil	light	x		xx		omega-6	exotic fruity
Watermelon seed oil	light	x		xx		omega-6	none
Dry, not oily feeling							
Camellia seed oil	dry (not oily)	x	x	xxx	x		none
Hazelnut oil	dry (not oily)	x	x	xxx		x	hazelnuts nutty
Jojoba oil	protective	x	x	xx	x		none
Evening primrose oil	light nourishing	x	x	xxx	x	GLA	
Balanced profile							
Argan oil	rich	x	x	xx	x	x	can be strong
Arctic Cranberry	balancing		x	xx			slight
Baobab oil	balancing	x	x	xx	x	x	fatty nut scent
Blueberry seed oil	balancing		x	xx			can be fruity
Cranberry seed oil	balancing		x	xx		x	fruity
Oily Skin							
Camellia seed oil	dry (not oily)	x		xxx	x		none
Hazelnut oil	dry (not oily)	x		xxx	x	x	hazelnuts nutty
Kukui nut oil	light	x		xxx		x	none

	skin feel	for oily skin	Mature skin	Absorption	Protection	Nourishing	scent
Hibiscus seed oil	light	x		xxx		x	old Hawaii :)
Mature skin							
Argan oil	rich		x	xx	x	x	can be strong
Avocado oil	rich		x	x	x	x	no scent usually
Joboba oil	protective		x	xx	x		none
Macadamia nut oil	rich		x	x		x	can be vary nutty
Pracaxi oil	rich protective		x	x	x	x	distinctive scent
Protective							
Abyssinian seed oil	rich full		x	xx	very-long carbon		little to no scent
Andiroba	rich protective	x		x	x	x	extreme bitter
Daikon radish seed oil	silky	x		x	very-long carbon		none
Meadowfoam seed oil	protective silky		x	xx	very-long carbon		little scent
Pracaxi oil	rich protective		x	x	very-long carbon	x	distinctive scent
Manketti oil	viscous			x	Conjugated	x	no scent
Very Nourishing							
Amaranth	light		x	xx		squalene	grassy
Avocado oil	rich		x	x	x	GLA	no scent usually
Baobab oil	balancing		x	x	x	x	fatty nut scent
Macadamia nut oil	rich		x	x		GLA	can be vary nutty
Oat seed oil	rich		x	x		vitamins	light fatty grain
Prickly pear seed oil	silky		x	xx		tocopherol	light scent
Wheat grem	rich full		x	xx	x	LNA	fatty grain
Fruity scented							
Blueberry seed oil	blaancing		x	xx			can be fruity
Cherry kernel oil	body	x		x	x		marzipan
Cranberry seed oil	balancing		x	xx		x	fruity
Cucumber seed oil	light	x		x		x	cucumbers
Guava seed oil	yummy	x		x		x	exotic fruity
Passion fruit seed oil	light	x		xxx		x	exotic fruity
Plum kernel oil	rich			xx	x	x	marzipan
Little to No Scent							
Abyssinian seed oil	rich full		x	xx	x		little to no scent

